



Between Hope and Anxiety

Are you just back from another fertility appointment?

IVF or ICSI no longer feel unfamiliar?

I know – this journey isn't what you imagined... Who would have thought that the road to pregnancy could feel so heavy.

If your thoughts keep circling around

“What if it doesn't work again?”

“What else could I try?”

“What more can I do to finally make this happen?”

Then maybe it's time we meet.

I'm Vera. I support people through the emotional journey of fertility treatment – helping you stay grounded and connected, within yourself and in your relationship.

You don't have to walk this path alone.

With empathy, experience, and presence, I'll walk beside you – so your path will feel lighter.

Let's talk – a first call is free and a chance to see what feels right.

Wegweiser Baby

Coaching to welcome your future child

Working with me:

in English, German & French

online and in-person

focused & deep: ½-day

3 – 6 months · 4 – 8 sessions

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