

Heart to Hands

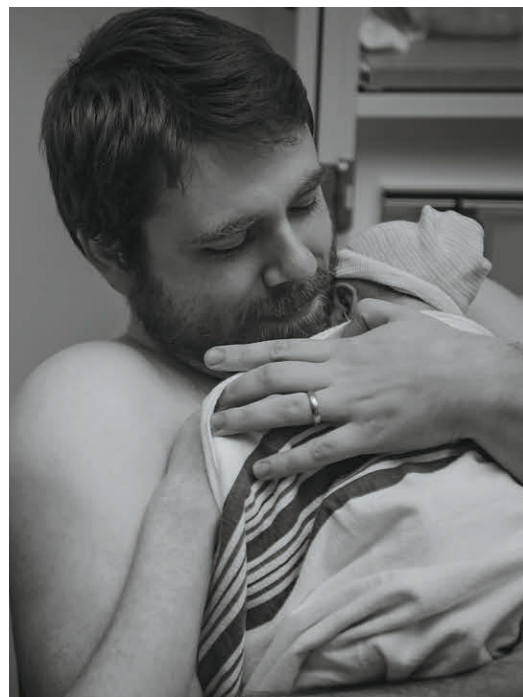
A GUIDE TO SURROGACY FOR INTENDED PARENTS

HEART BASED ETHICAL EXCEPTIONAL *Surrogacy*

We deliver a heart based, ethical, and exceptional experience for Surrogates and Intended Parents.



FALL 2023 | ISSUE 1





Welcome TO HEART TO HANDS

Your experience with Heart to Hands Surrogacy will reflect the commitment, love, and care that you have already put into growing your family.

Your family's creation story is important to us.

With Heart to Hands,

- You will realize the dream of holding your baby in your arms in as little as a year.
- You will feel important, listened to and cared for.
- You will feel confident that your surrogate is well prepared.
- You will have fewer setbacks and experience fewer bad outcomes.
- You will be supported and never alone.
- You will be connected with the very best professionals in the industry.
- You will be able to focus on your relationship with your surrogate.
- You will know that you grew your family in a special way that you can treasure.
- You will focus on what's important—a happy, healthy, growing relationship, and baby.

International & American Families

Families from all over the world choose Heart to Hands Surrogacy to support them through their surrogacy. Wherever you are, you can feel safe knowing that we have worked with someone from your country already or we know how to find the right resources to help you!

We Celebrate Diversity and Individuality of Every Family

No matter your gender, your sexual preference, relationship status, religious affiliation, or your reason for choosing surrogacy, you are welcome here.

Our whole heart is with surrogacy, and because of this, our whole heart is with you.

Now, let's get started.



IPs Brent & Michael, with Adrienne, snuggling Baby Eli in 2015

Founder's Note

Dear Intended Parent,
Surrogacy, and helping you grow your family in a heart-based, ethical and exceptional way, is the thing I am most passionate about!

With over 20 years in the surrogacy and family creation communities, I've been honored to work with hundreds of families. I truly know there is nothing more rewarding than seeing your family grow with love and intention.

I started my family building career as a doula, childbirth educator, and midwife, and it was through midwifery that I was first introduced to surrogacy. I met a surrogate who shared her story, and as she spoke a little piece of my heart settled into place and I knew that surrogacy was something I needed to be part of.

My personal surrogacy story is beautiful, messy & long-probably like yours.

2001: I matched with a family in New York. The night before transfer we learned that their precious embryo did not make the thaw.

2003-2004: I matched with a family and we did 3 transfers together. We knew going in that the embryos weren't good quality but that they deserved a chance. We experienced one negative transfer and two chemical pregnancies. We weren't able to achieve a pregnancy.

2007: I carried a sweet and serious little boy for domestic heterosexual Intended Parents.

2009: I carried boisterous twin boy/girl siblings for the family I previously carried for.

2012: I carried darling twin girls for an international heterosexual family, from two embryos transferred in Istanbul.

2015: I carried my last surrogacy and delivered a gentle son for a pair of daddies in the Pacific Northwest. Knowing this was my final surrogacy made it all the sweeter.



Adrienne with the first set of surrotwins in 2009

It is an honor and a joy to watch your family become. Truly, my whole heart is with surrogacy, and because of this, my whole heart is with you.



Being welcomed into these families has changed me in beautiful ways and I am excited for how surrogacy will change you too.

Besides my medical background, and my personal expertise, I also have a legal understanding of the surrogacy process. I held the position of legal assistant in a surrogacy and family formation law firm for over 5 years before opening my agency. Having each of these three pillars of experience has created a unique and diverse understanding of each step of the surrogacy process.

And my education continues - I founded and run the largest professional organization for surrogacy professionals in the world, am an Officer of the Society for Ethics in Egg Donation and Surrogacy, and am actively involved in the American Society of Reproductive Medicine, Resolve: the National Infertility Association, and other local family building organizations.

I fell in love with surrogacy many many years ago, and it's my life's work.

*With Heart ~
Adrienne*



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Director's Note

Hello and Welcome!

If you are reading this, then we already have a common interest. Your desire to grow your family is my desire for you as well. Your family's creation story is on my mind and in my heart daily.

I joined the HtH family over 8 years ago for one overarching reason- to be part of bringing the joy and fulfillment that comes with parenthood.

My personal story around growing a family is different than yours. What isn't different is my belief and deep understanding of the love and fulfillment that growing a family brings. And that how we get you there matters. This is a foundational part of who HtH is, what we do and how we do it.

That foundation is guided daily by our core principles: Heart Based, Ethical and Exceptional. We use these principles as our lens to guide our every step as we serve you.

I look forward to being just one of the many people who will love and care about your child long before they have taken their first breath.

*With Heart~
Jim*







Heart Based

MEET OUR TEAM



ADRIENNE BLACK **FOUNDER / CEO**

Adrienne started her family building career as a doula, childbirth educator, and midwife, and received extensive training in counseling, communication and facilitation. In 2011, she opened Heart to Hands Surrogacy where she provides heart-based, ethical and exceptional care to surrogates and intended parents.



JIM VANDAGRIFT **DIRECTOR / COO**

Jim Vandagriff loves babies, and creating family is one of his passions. He is the husband of a surrogate, and intimately connected with the Intended Parents and their babies. Through every surrogacy pregnancy, he offers love, support and a sense of family.



MELISSA COLLINS **INTENDED PARENT COORDINATOR**

Melissa is passionate about supporting people as they make their dreams and goals come true in order to live their best lives. Melissa recognizes that there are multiple ways to define a family and wants to promote the love and compassion that forms a beautiful, healthy family.

MEET OUR TEAM



TRISHA LUND **SURROGATE CASE MANAGER**

Trisha brings a wealth of knowledge from her experience in surrogacy since 2007. Having been a surrogate for 5 families, she fully understands the whole process from start to finish. Each family she has helped personally or professionally holds a special place in her heart. Know you are part of something full of love and heart.



AMADA JURRENS **SURROGATE CASE MANAGER**

Amanda has been involved in the surrogacy industry for the past 6 years in both a personal and professional capacity. She has been a surrogate twice, and has two of her own girls. She is passionate about helping people grow their families, and strongly believes there isn't a right way to build a family as long as there is love at the core.



AMBER HOECKER **INTAKE COORDINATOR**

Amber has personal experience with the intake process of Surrogacy and feels lucky to be put in a role where she can help surrogates with questions and support them in their choices, all the way through their journey.

MEET OUR TEAM



DAWN KAHLE **ADMINISTRATIVE ASSISTANT**

After giving birth to her first child, the idea of surrogacy became even more appealing. The thought of being able to share the incredible moments around growing a family was too good not to pursue.



KATHERINE VANDAGRIFT **ENGAGEMENT SPECIALIST**

She strongly believes in inclusivity and people having the agency to meet their goals. Katherine is fully committed to supporting the process of creating families with love and believes that it is a great gift to be able to be involved in the process.



DOTTIE CORTEZ **SOCIAL MEDIA MANAGER**

Dottie has always loved all things pregnancy, birth, babies, & breastfeeding. She's been passionate in the surrogacy community since 2014, helping others before, during, & after she was able to carry as a surrogate.

MEET OUR TEAM



JESS KIEHNER **INTENDED PARENT COORDINATOR**

As someone who has faced the challenges of infertility, I feel I share a profound connection with intended parents. I firmly believe that families are formed first in the heart, am passionate about supporting our clients, and consider it a true privilege to help parents of all backgrounds on their unique journeys to create their family.



ANGELA PADILLA **SURROGATE CASE MANAGER**

Angela has been a part of the surrogacy world for just over 10 years now, personally and professionally. She has carried twins twice for two different international families and loves being able to stay in touch with them and see the children grow up. She is passionate about helping others and supporting surrogates throughout their journeys.



KATIE FERGUSON **INTAKE COORDINATOR**

Katie is a mom to two girls who are her very best friends! Having her own family is a huge reason she wanted to help build another family and became a surrogate. She's been a surrogate one time, and that journey led her to want to be a part of other's amazing journeys!

**Joining Heart to Hands
Surrogacy has been a joy
from the start. I was able to
be myself. They took care
of me and loved me every
step of the way.**

~HTH Surrogate, Kate



**Scan the QR code to hear
more about Kate's journey as
a Surrogate with HTH!**

Heart to Hands Surrogacy (HtH Surrogacy) has a creation story filled with love and intention, just like yours, and we know the heart and passion that it takes for surrogacy to be exceptional.

Created in 2011, HtH Surrogacy began with a little knowledge, some personal experience, and a big desire to help people have their sweet babes in their arms. Over the years, and with the many families who have trusted in HtH Surrogacy, we've become a leader in the surrogacy community known for our heart-based, ethical and exceptional practices. We've grown with love and skill, and a solid foundation of business and service.



ABOUT



Your HtH Surrogacy team is completely focused on our core values of providing you with heart-based, ethical and exceptional service at every point so that you can focus on what's important—a happy, healthy, growing relationship with your surrogate and baby.

Because we believe in bringing our hearts to every interaction, our employees are happy, healthy and here for you. We believe in work/life balance, spending time with our families, being kind, having outside interests, and investing in creating a wonderful environment so we can focus on you.

Our employees know your story intimately—we've been there, or someone we love has been there. We've struggled with infertility, carried children for other families, or loved someone deeply that has been in your shoes. It's personal for us and we want to see you smile.



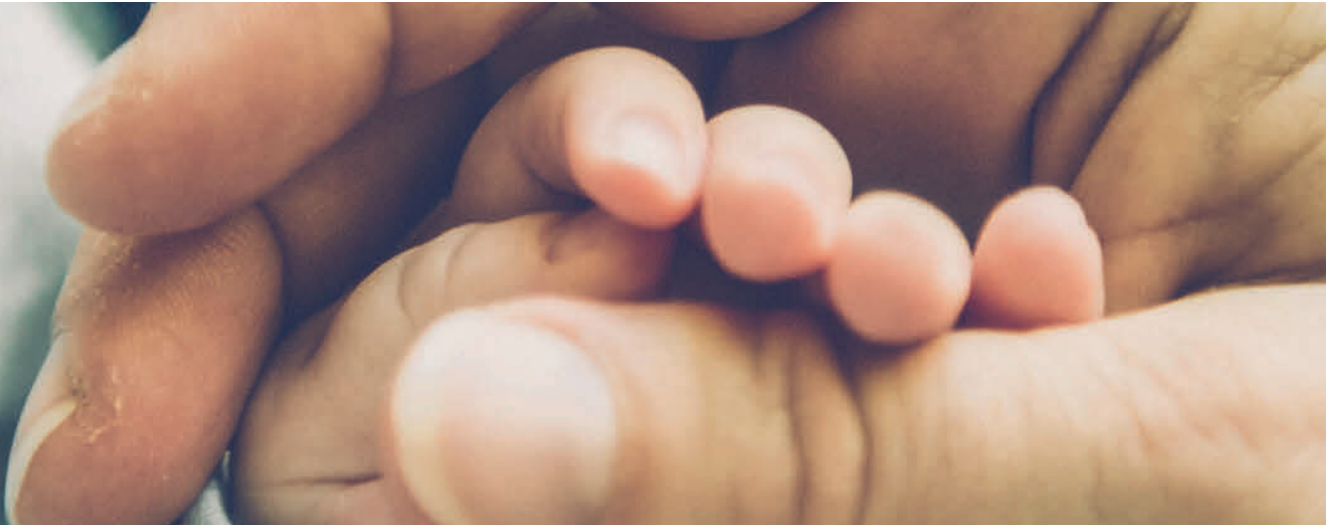
WHAT IS SURROGACY?

On a very basic level, surrogacy is when a woman agrees to gestate a child so that you can parent it. More specifically:

Gestational Surrogacy is when a person (the gestational surrogate) carries a child created from sperm and egg from someone other than the surrogate, with the intention that someone other than the surrogate will parent the child (the intended parents). The gestational surrogate is not the genetic mother of the child.

The embryo is created through in vitro fertilization and transferred to the uterus of the surrogate. The surrogate sees their own medical care providers for prenatal care, and delivers in their own town.

Gestational surrogacy is the most common, and safest, form of surrogacy.



Traditional/Genetic Surrogacy is when a person (the traditional surrogate) carries a child created from sperm from the intended father or a sperm donor and the surrogate's egg, with the intention that someone other than the surrogate will parent the child (the intended parents). The traditional surrogate is the genetic mother of the child.

The traditional surrogate becomes pregnant through artificial insemination overseen by a medical professional. The surrogate sees their own medical care providers for prenatal care, and delivers in their own town.

Because of the genetic relationship between the surrogate and your child, traditional surrogacy is more risky than gestational surrogacy.

HtH Surrogacy is proud to offer both Gestational and Traditional/Genetic Surrogacy family creation options.

Glossary Of Terms

American Society of Reproductive Medicine (ASRM): Large patient and physician organization serving as a platform for innovative ideas, education and advocacy in fertility and reproductive medicine issues. ASRM is a leading advocate for patient care, research, and education.

Assisted Reproductive Technologies (ART): A group of fertility therapies that manipulate the egg and sperm in the laboratory to establish pregnancy. These include IVF, ICSI, donor egg cycles, assisted hatching, preimplantation genetic Testing (PGT) and others.

beta HCG: A test that measures the amount of human chorionic gonadotropin (hCG) in the blood. This hormone is produced as soon as 10 days after conception. In healthy pregnancies, levels of hCG increase rapidly in early pregnancy.

Cryopreservation: Controlled freezing and storage. This may be employed for sperm, embryos, and oocytes (eggs).

Donor Egg Cycle: The use of donated eggs from an anonymous or known donor. These eggs are harvested via an IVF and the retrieved eggs are inseminated with sperm and form embryos which are transferred to the intended parent or surrogate.

Donor Embryo Transfer: The transfer of embryos resulting from the oocyte (egg) and sperm of another patient, who may be anonymous or known, to a recipient.

Egg Donor Agreement: A legal contract specifying the rights and obligations of the egg donor and the intended parents.

Egg Retrieval: The procedure during an IVF cycle where the oocytes (eggs) are harvested through a minimally invasive surgical procedure.

Embryo: The term used to describe the initial stages of fetal growth. Strictly defined from the second to the ninth week of pregnancy.

Embryo Transfer: The procedure of transferring embryos into the endometrial cavity (womb) of a patient during an IVF cycle.

Endometrium: The inner lining of the uterus that responds to female hormones during the menstrual cycle and treatment cycles. This lining, when properly prepared, forms the area of attachment and implantation of the embryo.

Escrow: A surrogacy escrow account is an arrangement set up with a third-party agent to hold and disperse funds during the surrogacy process.

Fertility Specialist: A medical doctor specializing in the diagnosis and treatment of fertility-related issues.

Fertilization: Union of a sperm with an egg to facilitate creation of a genetically unique embryo.

Follicle: A fluid-filled pocket in the ovary that houses the microscopic egg. Each ovary has many follicles within it. Each Follicle contains a single oocyte.

Gestation: Pregnancy.

Implantation: The attachment and embedding of the embryo into the lining of the uterus.

Insurance Coverage: Some health insurance plans cover certain aspects of fertility treatments, but coverage varies widely. Insurance is required for Surrogacy contracts and is paid for by the Intended Parents.

Intracytoplasmic Sperm Injection (ICSI): Placement of a single sperm into a single oocyte (egg) by penetrating the outer coatings of the egg.

Intra-Uterine Insemination (IUI): is a technique that transfers sperm directly into the uterus. This allows the sperm and egg to interact in proximity.

In Vitro Fertilization (IVF): During IVF, mature eggs are collected (retrieved) from ovaries and fertilized by sperm in a lab. Then the fertilized egg (embryo) or eggs (embryos) are transferred to a uterus.

Oocyte: The female germ cell often called an egg.

Ovulation: The release of a mature egg from the surface of the ovary.

Ovum (ova or egg): Mature oocytes.

Parentage Order: A court order that legally recognizes the intended parents as the legal parents of a child born through assisted reproductive technology.

Preimplantation Genetic testing (PGT): Preimplantation genetic testing (PGT) is a screening test that can be performed on embryos created via in vitro fertilization (IVF) to genetically analyze the embryos prior to transfer.

RESOLVE: is a non-profit organization with nationwide support, promoting reproductive health; they work to ensure equal access to all family building options for those with infertility. www.resolve.org

Semen Analysis: Examination of the male ejaculate under the microscope to determine the number of sperm, their ability to move forward (motility) and their shapes (morphology).

Single Embryo Transfer (SET) – is a specific definition of only transferring a single embryo at the culmination of an IVF cycle. This is different from the conventional practice of transferring more than one embryo.

Surrogacy: Surrogacy involves a person agreeing to carry and give birth to a baby for someone else.

Surrogacy Agreement: A legal contract outlining the terms and responsibilities of all parties involved in a surrogacy arrangement.

SPAR – (The Special Program of Assisted Reproduction) - is an international program designed to protect wives, surrogates and babies from becoming infected during fertility procedures that use sperm from men who wish to have children of their own, but are living with a sexually transmitted disease, such as HIV.

Ultrasound: High frequency sound waves that can be used painlessly, safely, and without radiation, to view the internal portions of the body.

Uterus: Womb. The reproductive organ that houses protects and nourishes the developing embryo and fetus.

Top 10 Reasons to Choose HtH Surrogacy

1

Quick Match Time!

Your time to match with a surrogate is 1-4 months, and we have surrogates available to match right now, *so that you can realize the dream of holding your baby in your arms that much sooner!*

2

Limited Match List!

You will never be a number to us, and will never have more than 9 other Intended Parents waiting to match alongside you, *so that you always feel important, listened to and cared about in every interaction with us.*

3

Our Screening Process is the Most Thorough and Complete Process Available!

You can feel confident and safe knowing that your surrogate has gone through our 9 step medical and social screening process, *so that your surrogacy has fewer setbacks and undesired outcomes.*

4

Intended Parents And Surrogates Each Have Their Own Case Manager!

Both you and your surrogate each have a dedicated case manager, available 24/7, *so that you can relax knowing there is always someone who can take care of your needs.*

5

Weekly Updates!

You will receive weekly updates throughout your surrogacy process *so that you never have to wonder what is happening.*



6

Your Surrogacy Experience Matches Your Needs!

Your experience is unique and individualized. We will always meet you where you are, *so that you have a surrogacy experience that works for you and your family.*

7

Extensive Network Of Providers!

HtH Surrogacy brings together only the most committed, experienced and extraordinary professionals, *so that your surrogacy has the best chance at success.*

8

Unparalleled Professionalism, Expertise And Service!

With over 11 years of operating experience, a professional background in pregnancy medical care and family building legal services, and personal surrogacy experiences, our staff has the expertise to know what you need, *so that you can rest easy knowing you chose the most experienced agency available.*

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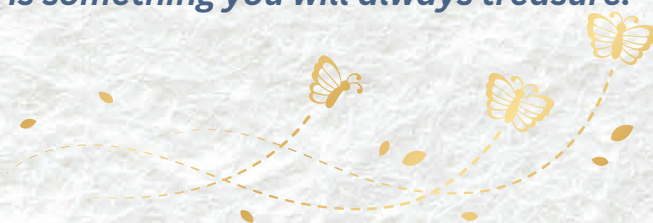
Healthy Business!

Our business enjoys a low employee turnover, prioritizes employee satisfaction, focuses on a balanced business model, and understands that the health of the business translates into the quality of care you receive, *so that you can stop worrying about whether you chose the right agency.*

10

We Genuinely Care!

Your family's creation story genuinely matters to us. We want you to have the best possible experience *so that your surrogacy process is something you will always treasure.*





A photograph of two women with visible tattoos on their arms and necks, holding a baby. The woman on the left is kissing the baby on the cheek. They are both smiling. The woman on the left has blonde hair and is wearing a grey patterned top. The woman on the right has brown hair in a bun and is wearing a blue and white striped shirt. The baby is wearing a white shirt with a colorful pattern. The word "Ethical" is written in a large, orange, cursive font across the middle of the image.

Ethical



HEART TO HANDS SURROGACY SERVICES & SUPPORT

What exactly does HtH Surrogacy do for you and your surrogate? It's a fair question!

Because your family's creation story is unique, exactly how we help you have your surrogacy experience is also unique. In general, you can expect that we will provide the following Services and Support over the eighteen to twenty-four months of your surrogacy journey, from hire to contract completion.



Intended Parent Services and Support

- Pre-screening of IP (interviews, education, paperwork)
- Creation of Profile for the IP if indicated (detailed document including demographic information, social information, relationship information, letter to surrogate, multiple photographs, and enhanced design concepts)
- Match Meeting facilitation, pre and post consultation and match agreement document and process
- Referral for psychological consultation for IP
- Referrals to other professional service providers as needed
- Dedicated case manager for IP, available during regular work hours and 24/7 for emergencies

(continued)



- Hospital Birth Plan consultation and preparation (to IP, the surrogate, and combined)
- Weekly check-in emails with IP through six weeks post-delivery
- On-going consulting and support as needed until the contractual obligations outlined in the Surrogacy Agreement have been met
- Unlimited surrogate re-matches up to fetal heartbeat confirmation

Surrogate Services and Support

- Recruitment of surrogate candidates
- Pre-screening of surrogate candidates (interviews, paperwork)
- Criminal Background checks of the surrogate candidates and anyone over 18 in the household
- Social Media checks of surrogate candidates and anyone over 18 in the household
- Virtual in-home visitation of surrogate candidates
- Surrogate candidate medical records collection and preparation for clinic review (associated third party service)
- Creation of profile for the surrogates (detailed document including demographic information, social information, relationship information, letter to IP, multiple photographs, and enhanced design concepts)
- Referral for psychological evaluation of the surrogate
- Referral for Drug, Alcohol and Nicotine testing
- Referral for maternal fetal medicine evaluation of the surrogate
- Match Meeting facilitation, pre and post consultation and match agreement document and process
- Facilitation and management of coordination for surrogacy-related appointments, including arrangement of travel and lodging as indicated
- Education of the surrogate before, during, and after pregnancy
- Dedicated case manager for the surrogate, available 24/7
- Hospital Birth Plan consultation and preparation (to IP, the surrogate, and combined)
- Regular communication with the surrogate through 6 months post-partum





Medical Providers Support

- Preparation and transmittal of medical records to clinics for review
- Local monitoring arrangement & payment arrangement for the surrogate's appointments (may be through an associated third party)
- Liaison with the fertility clinic to arrange medical care of the surrogate through 10 weeks, or the time frame indicated by the fertility clinic
- Tracking of transfer calendar with coordination and timely reminders for the surrogate
- Prepare and send information documents to the hospital and the attorneys in preparation for the birth
- Inform the fertility center of birth and provide information to complete documentation
- Liaison with the delivery hospital to ensure the hospital has all necessary documentation in preparation for the birth

Mental Health Professionals Support

- Referral to licensed, experienced mental health care provider for Surrogate (and spouse/partner) Consultation
- Referral to licensed, experienced mental health care provider for Surrogate Evaluation by Minnesota Multiphasic Personality Inventory (MMPI-2) or Personality Assessment Inventory (PAI)
- Referral to licensed, experienced mental health care provider for IP Consultation, if not completed through clinic (and spouse/partner)
- Referral to licensed, experienced mental health care provider for IP and Surrogate Joint Consultation
- Preparation and transmittal of mental health records to clinics for review
- Referral for on-going mental health support for Surrogate or IP as indicated

Insurance Product Referrals & Support

- Referral to and coordination with surrogacy insurance specialist to review/validate the surrogate's existing health insurance
- Referral to and coordination with surrogacy insurance specialist to obtain health insurance for the surrogate
- Referral to and coordination with surrogacy insurance specialist to obtain insurance products (term life insurance, accidental death insurance, recipients complications coverage, loss of reproductive organ coverage)
- Referral to and coordination with surrogacy insurance specialist to obtain Claims Management Services
- Referral to and coordination with surrogacy insurance specialist to obtain Local Monitoring Arrangement Services
- Referral to an insurance specialist for newborn insurance options

Escrow Account/Funds Holding and Management Services ('Escrow') Referrals and Support

- Referral/introduction to escrow
- Prepare disbursements for bill payment in specialty situations

Legal Referrals and Support

- Referrals to attorneys, including introductions and contract points document
- Surrogacy Agreement analysis as needed
- Liaison with the attorneys during contract, pregnancy, and parentage as needed
- Inform attorneys of birth and provide information to complete legal documents



Heart to Hands made us feel cared for as people...not just as a client. This started before we even signed a contract. The first couple meetings that we had with HtH were different from the other agencies we met with. With HtH, it was less about business and more about getting to know us and helping us feel comfortable. This continued during the match process, the issues with our first surrogate, rematching, changing attorneys, and then throughout the pregnancy.

Along the way HtH made us feel special, and we know that our surrogate felt the same.

~ Intended Parents, W&J





Months 1-3

Getting Started
Choose HtH Surrogacy
Complete Intake Process
Match with Your Surrogate

Months 3-6

Screenings & Legal
Screenings Completed
Legal Completed
Cycling & Transfer

Months 6-9

1st Trimester of Pregnancy
2 Week Wait
Betas
Ultrasounds
Released to OB

Months 9-12

2nd Trimester of Pregnancy
Anatomy Ultrasound
Parentage Established

Months 12-15

3rd Trimester of Pregnancy
Birth
Welcome Baby
Celebrate!

Months 15-18

Early Post-Partum
Leave Hospital
Get Birth Certificate
Return Home
Enjoy Baby
Stay connected with Your
Surrogate

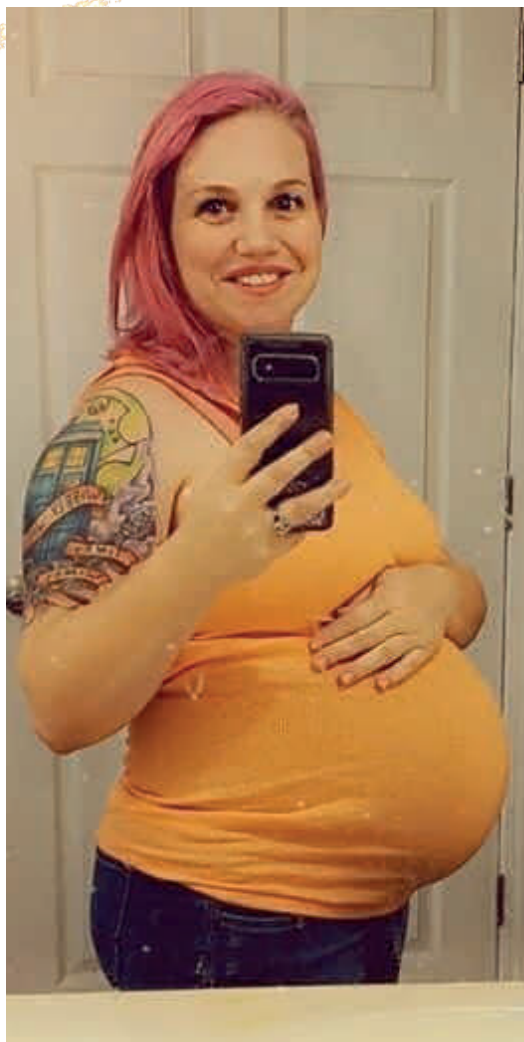
Months 18-24

Finishing Up
Medical Bills Paid
Contract Completed
Escrow Refunded
Prepare for a Sibling!



Surrogate Qualifications

Every person considering surrogacy has a generous heart. In addition to a generous heart, a surrogate must also be physically and emotionally healthy, financially stable, and have a wonderful support system.



To qualify to be a surrogate with HtH Surrogacy, a Surrogate must meet the following requirements:

- Healthy physically and mentally, and willing to undergo extensive screenings
- Between 21 and 45 years of age
- No use of tobacco, illegal drugs, or alcohol abuse
- No use of antidepressants within the last 6-12 months
- Must have given birth to, and be parenting, a healthy child
- No more than 3 previous cesarean births
- Must not be on government assistance
- Willing to commit time and energy to the surrogacy process
- Stable and mature
- Has support of spouse, family and friends
- Live in a surrogate friendly state: we are unable to work with surrogates who live in Indiana, Louisiana, Michigan, Nebraska, New York, or anywhere outside of the United States

Surrogate Screening & Evaluations



The secret to a great surrogacy is having a great match-and the first step in making a great match is being sure that your surrogate is qualified!

One of the biggest concerns Intended Parents have is whether the surrogate is healthy, happy, and genuinely prepared for the responsibility of carrying your baby. We provide the most comprehensive screening program available, so that both you and your surrogate can relax knowing that they are exceptionally well prepared for surrogacy.

Our screening process is designed to screen out any person that is not well prepared for surrogacy. From the very first interaction with a surrogate candidate, we are evaluating the candidate's commitment to surrogacy, their knowledge of surrogacy, the reasons for choosing to be a surrogate, and their state of mind. We meet with them through phone and video, and interact through text and email as well, so that we get a clear understanding of how the candidate responds, listening for inconsistencies and looking for any possible concerns.

Initial Interviews

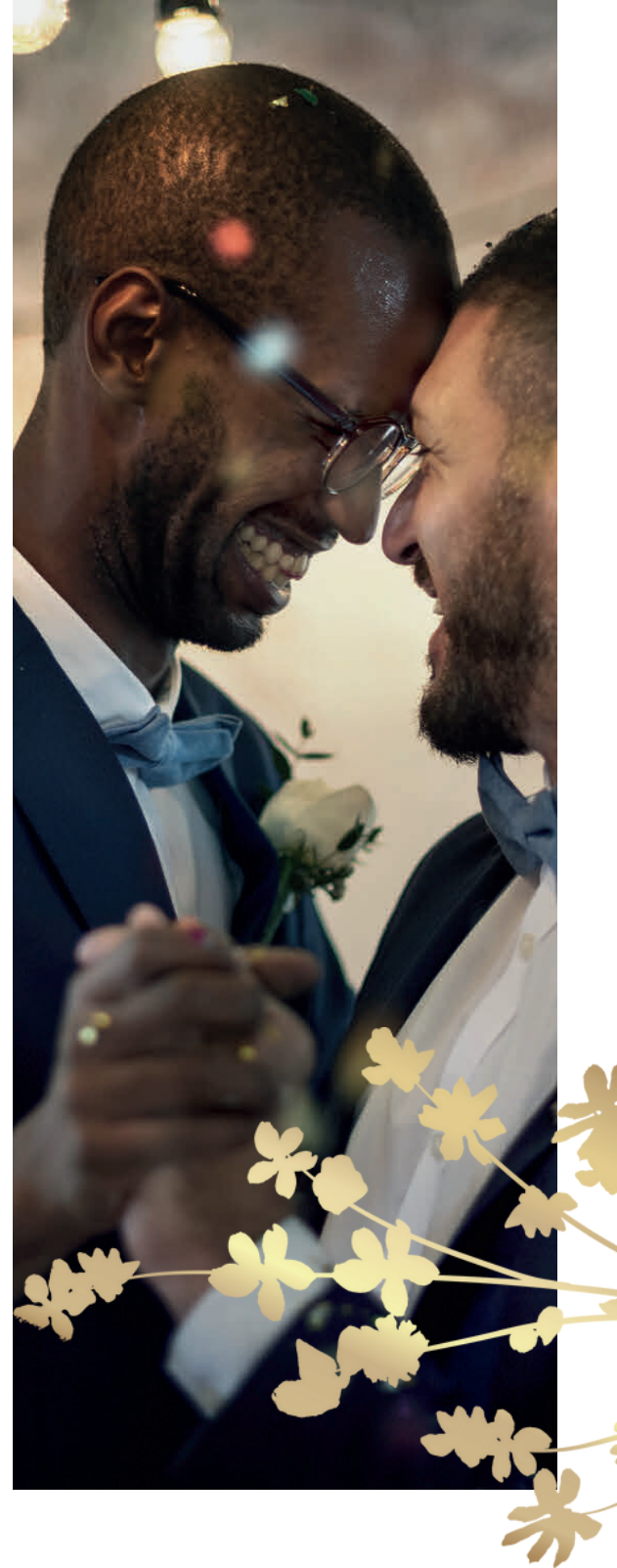
- 01 The initial interview with a candidate is to see if the candidate meets the most basic criteria of age, bmi, pregnancy history, being disease and drug free, being financially and socially stable, having a great support network, and being genuinely kind. If they meet these basic criteria points, we invite them to the next step.

Intake Forms

- 02 Each candidate provides a detailed health history, pregnancy history, family information, social situation, income information, reasons for pursuing surrogacy and much more. We review every form and have a detailed interview with the candidate about the answers. The intake forms and interview give us a chance to get to know the candidate in a complete and personal way.

Surrogate Academy

- 03 Candidates join our proprietary online six week Surrogate Academy. Each week they learn about a new topic with a cohort of other candidates going through their intake process. The topics are taught by our intake and case management teams, and provide an excellent foundation for the surrogacy process. It also allows us to get to know the candidate better, and for the candidate to get to know the HtH Surrogacy team that will be supporting them through their surrogacy.





Medical Records

- 04** We order the candidate's medical records for each pregnancy and delivery. It can take 4-8 weeks to gather all of the medical records. These records are reviewed by an independent third party medical provider and a summary is provided to us. We then review the records for obvious disqualifiers and to determine if our partner clinics will be excited to work with the candidate.

Background & Social Checks

- 05** We run background checks on the candidate and anyone over 18 in their household. We also complete social media checks-reviewing up to 30 different social media sites. It's amazing how much information we get about the personality of a candidate from their social media.

Home Visit

- 06** Every candidate invites us into their home for a virtual home visit. These visits start outside the candidate's home so we can visualize the numbers on their door, curb or mailbox. We then go into their home. They open every door. We go into every room. We want to see their garage, backyard, pets, children, housemates. We are looking to make sure that the home is a safe environment for your baby to grow in, but we also enjoy getting to know a candidate in their home environment.

Psychological Evaluation

07 Every candidate meets with a qualified and experienced mental health care provider for psychological testing (MMPI or the PAI) and a consultation, usually through video. If the candidate has a spouse or partner, they will also be part of the in-person consultation. This evaluation includes discussion about the candidate's history, motivations, relationships, support system, how surrogacy will impact them and their family, and much more! After the evaluation and testing are complete, we receive a report that indicates whether the candidate is recommended based on the evaluation process.

Perinatologist / Maternal Fetal Medicine Consult

08 Every candidate will have their records reviewed, and do a consultation with a medical specialist whose job is to evaluate and treat riskier pregnancies, and who is familiar with surrogacy. This specialist reviews the candidate's obstetrical records and history, discusses it with the candidate, educates them about the process of surrogacy and what's involved medically, and then issues a report recommending or not recommending the candidate for surrogacy.





Drug, Alcohol and Nicotine Screen

09 Candidates all complete a drug, alcohol and nicotine test so that when you see their profile, you know that they are truly prepared to grow your baby in the healthiest environment possible.

Only after all of these steps have been completed successfully do we consider a candidate a potential surrogate.

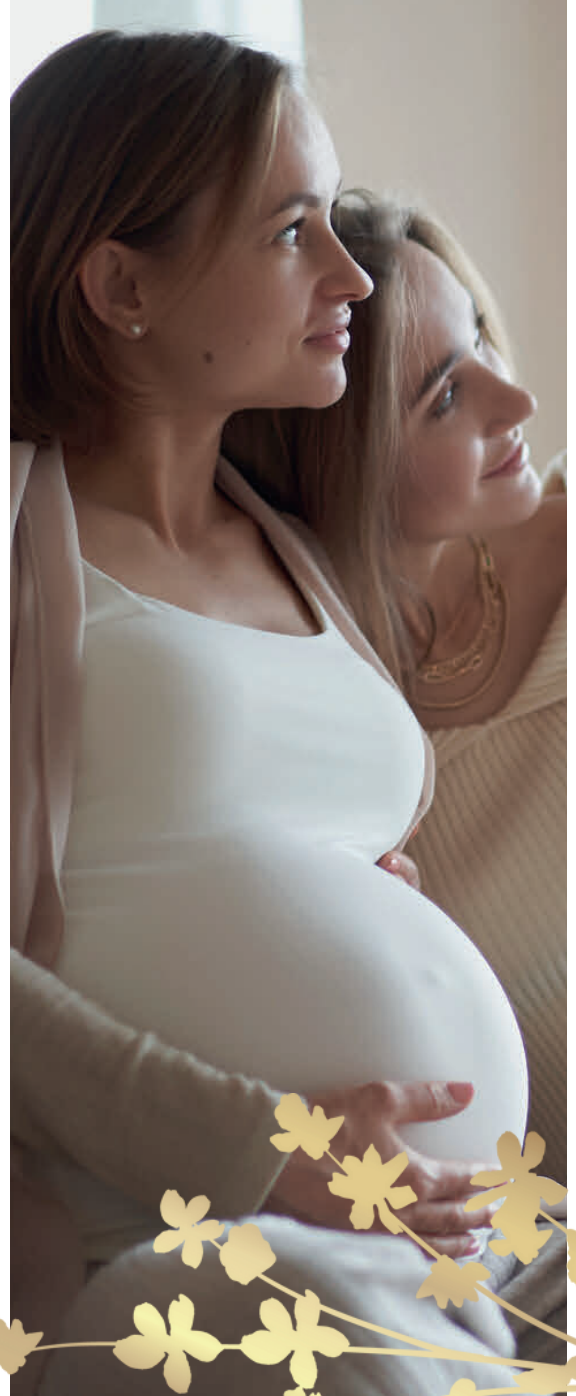
Besides the agency screenings, your clinic will do several screenings after you match with your surrogate.

Medical Records Review

- 10** Your clinic will do a third review of a surrogate candidate's medical records to make sure that their medical history makes them a good candidate.

In Person Medical Evaluation

- 11** Your surrogate will be invited to visit the clinic for an in person medical evaluation. At that appointment, the clinic will do a basic physical, a saline ultrasound of the surrogate's uterus to make sure it is healthy, and bloodwork to get a baseline of the surrogate's health. They will also test for infectious diseases and do a drug screen.



Our Rematch Policy.

There are so many uncertainties in this process, and we know how scary that is. The last thing you want to think about is what happens if your surrogate isn't cleared for surrogacy, or you find out that you don't like them, or they break the match.

We are committed to making this process as safe and reliable as possible, so you don't have to worry about any of those things.

If you need to rematch, for any reason, we will rematch you as many times as necessary to get to fetal heartbeat. Really—for any reason.

There is no additional agency fee, screening fee, or rematch fee. Your only additional expenses are those paid out to third parties.

"...just hearing from you
made me feel like
infertility isn't a dark secret
I'm carrying around.
Someone out there 'gets
this' and is looking out for
all the families who
struggle with this stuff."

~ Intended Parents, W&J



It's challenging to know exactly what to budget for your surrogacy experience. You will hear many different estimates, and slightly different information from every agency.

HtH Surrogacy believes in delivering transparent, clear and detailed information. Knowing how much to plan for, and when these expenses come due, is important for your budgeting process.



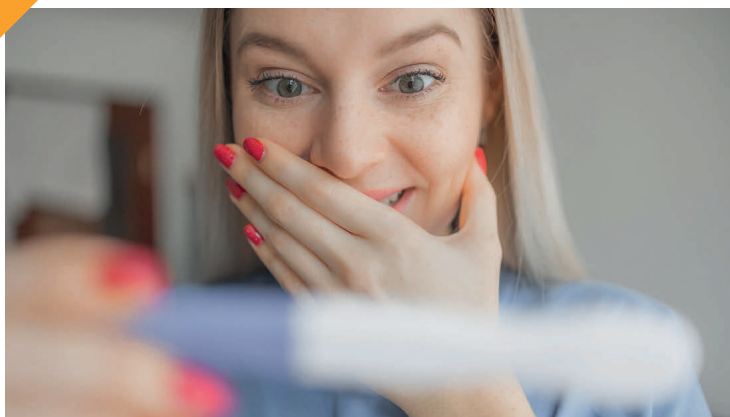
TSO

We find that Intended Parents in the United States who budget between \$187,000USD and \$200,000USD for the surrogacy process are the best prepared. *(This estimate excludes embryo creation expenses, and is based on the most common scenario—a healthy singleton pregnancy.)*

The majority of your expenses will be paid through escrow at the time of the event, but there are specific milestones where you will need to make payments and deposit funds to your escrow account. Each surrogacy will be different, and we are here to guide you through your specific surrogacy, but the chart below will help you to organize your budgeting timeline.

<i>Timeline of Expenses</i>	Not Paid from Escrow	Paid from Escrow	Estimation of Expense	When Due
Agency Fee 1	X		Ask for details	At Hire
Agency Fee 2	X		Ask for details	At Match
Open Escrow	X		\$10,000	At Match
Escrow Fee	<i>part of agency fee</i>			At Match
Screening Expenses		X	\$2,000-\$5,000	Screening
Fertility Clinic Expenses	X		varies	Screening
IP Attorney - Contracts	X		\$3,000-\$7,000	After Screening
Surro Attorney - Contracts		X	\$1,200-\$2,000	After Screening
Fund Escrow	X		\$110,000	Contract Signing
Agency Fee 3	X		Ask for details	Contract Signing
Cycling & Monitoring Expenses		X	\$2,000-\$4,000	Cycling
Surrogate Compensation & Benefits Package		X	\$70,000-\$85,000	Cycling through Pregnancy
Insurance Products	<i>part of agency fee</i>			Match
Surrogate Health Insurance & Medical Care		X	\$18,000-\$30,000	Match
IP Attorney - Parentage	X		\$3,000-\$7,000	2nd Trimester
Surro Attorney - Parentage		X	\$1,200-\$2,000	2nd Trimester
Fund Escrow (2nd, as needed)	X		\$5,000-\$25,000	3rd Trimester
Newborn Care	X		\$5000+	Birth
Birth Certificate & Passport	X		\$500-\$2,000	Birth
IP Travel Expenses	X		\$0-\$10,000	Birth

INSURANCE



Insurance is one of the most complicated and confusing parts of the surrogacy process. This overview helps you understand what forms of insurance may be available to you and your surrogate. This is for general education. Please consult with a surrogacy insurance specialist for detailed information about what is right for your surrogacy.

Please Note:

None of these options will cover newborns.

Intended Parents are responsible for their child's medical expenses. Baby will not be added to Surrogate's insurance.

Generally speaking, there are 3 categories of health insurance coverage for your surrogate: employment based health insurance that covers surrogacy, an Affordable Care Act (also called ACA or ObamaCare) policy, or a 3rd party Specialty Plan. Each option has its benefits and its drawbacks. Your budget, the time of year, and your surrogacy preferences will dictate which option may be best for you.

Whichever option suits your needs most, we partner with the very best insurance professionals to make sure that your surrogate has safe, accessible and quality coverage to provide the best medical care available.

SURROGATE

Employment Based Health Insurance that covers surrogacy (\$3k-\$10k): The surrogate has insurance through their or their spouse's employment that will cover surrogacy. In this situation, IPs usually only pay for the cost of care and not for the premium.

PROS: Stable, Lowest cost to IPs, Uses surrogate's established plan, Covers multiples pregnancy

CONS: Only about 10-15% of surrogate have this option, Limited providers/facilities, Employer will know about the surrogacy, Tied to employment, Changes could occur mid-year, Deductible and Maximum Out of Pocket reset yearly

Affordable Care Act/Obamacare Health Insurance that covers surrogacy

(~\$17k-\$22k): This private insurance can be obtained only during Open Enrollment (Nov 1 - Jan 15). IPs are responsible for the cost of the monthly premiums, deductibles, co-insurance up to the maximum out of pocket amount per year.

PROS: Most common, Easy to get, Covers multiples pregnancies

CONS: Unstable, Expensive, Changes every year, Limited enrollment period, Plans vary, Plans not consistent by location, Deductible and Maximum Out of Pocket reset yearly, Premiums go up yearly

3rd Party Specialty Plan: Lloyd's of London plan through insurance specialist

(~\$28k singleton/\$45k twins): A private maternity care plan that covers the cost of the surrogacy medical expenses. The full amount is deposited by transfer. If unused, a portion will be refunded.

PROS: Stable, Specific to surrogacy, Year round enrollment, Set fee, Can see any provider, Tied to the legal contract, Low risk to surrogate, Can be transferred to a new surrogate

CONS: Expensive, Only covers pregnancy related care, Does not cover high order multiples

Cash Pay (\$3k-\$100k+): If no insurance is available in the surrogate's state, IP may choose to cash pay for care.

PROS: Available year round

CONS: Potential for unlimited costs, Very high risk for surrogate, additional \$20k must be added to escrow to cover medical expenses

A Look at Surrogate Medical Insurance Options

PLEASE NOTE: Your surrogate's health insurance will not be used until she is pregnant and released to her obstetrical care provider; usually around 10-12 weeks of pregnancy.

	Employment Based Health Insurance	Affordable Care Act Health Insurance	3rd Party Specialty Plan: Lloyd's of London	Cash Pay (3)
Cost Estimate for 12 months	\$3k-\$8k	\$17,600 (1)	\$27,350 single \$43,350 twins	\$3k-\$100k+
Cost Estimate for 18 months	\$3k-\$8k	\$25,400 (2)	\$27,350 single \$43,350 twins	\$3k-\$100k+
Covers Maternity Care	✓	✓	✓	✓
Covers Non Maternity Care	✓	✓	✗	✗
Tied to Open Enrollment	✗	✓	✗	✗
Covers Multiples Pregnancy	✓	✓	✓	✓
Choice of Medical Providers	limited	limited	✓	✓
Choice of Hospitals	limited	limited	✓	✓
May have an Exclusion	✓	✓	✗	✗
Policy May Change at Calendar Year	✓	✓	✗	✗
Available in every state	✓	✗	✓	✓
IPs pay for premiums + other insurance costs	✗	✓	✓	✓
Level of Risk	low-med	med-high	low	high
Availability	low	high	high	high
Covers Cycling Expense	✗	✗	✗	✓

(1) Based on an averaged monthly premium of \$800 and a Maximum Out of Pocket of \$8k

(2) Based on an averaged monthly premium of \$800, a co-payment of \$3k, & meeting a Maximum Out of Pocket of \$8k

(3) An additional \$20k must be deposited to escrow to cover surrogate medical expenses



NEWBORN

This overview is meant to help you understand what forms of insurance may be available to you for your newborn. This is for general education.

Please consult with a surrogacy insurance specialist for detailed information about what is right for your family.

Please Note:

- Heart to Hands does not facilitate newborn insurance or bill negotiations.
- Intended Parents are responsible for their child's medical expenses.
- Baby will not be added to Surrogate's insurance.

INSURANCE

Newborn Insurance Options for Domestic Families

If you are a United States resident and have insurance through employment or through the ACA, you will be able to add your child to your policy.

Please Note:

- Please plan to have your personal insurance reviewed by a Surrogacy Insurance Specialist to make sure that there will be no issue with adding Baby to your insurance, or
- Call your insurance provider to ask them about adding your child to your policy. Be sure to let them know when and where your child will be born and ask about any out of network issues.
- Heart to Hands does not facilitate newborn health coverage in any way.
- Intended Parents are solely responsible for their child's medical care and the associated costs for the care.

Newborn Insurance Options for International Families

If you are an international family, you will not be able to access American insurance options for your child. You will need to consider other options for your child's health expenses.

Please Note:

- Please plan to review your options for newborn coverage at the time of matching or sooner - several options require enrollment before transfer.
- Heart to Hands does not facilitate newborn health coverage in any way.
- Intended Parents are solely responsible for their child's medical care and the associated costs for the care.

Being a surrogate for me was one of the most giving experiences I have ever had. I knew my family was complete and how much I love my children so I thought why not allow another family to feel the same love and joy I have.

I couldn't have asked for a better set of parents! They made sure I constantly knew how loved and appreciated I was. I am so grateful to have been a part of the best journey life has to offer and that's parenthood. Would I do it again? Absolutely! There are no words to describe the feelings I felt before during and after the process.

Thank you Heart to Hands and my IPs for allowing me to be apart of this!

*Ashley, Experienced Gestational Surrogate
for International Intended Parents*

Newborn Insurance Options for International Families 2023/2024

Great Morning (~\$13k-\$30k): This insurance option offers complications coverage and limited well baby care. It is available to European, Australian and Chinese families.

Note: Because Great Morning requires underwriting at 28 weeks, there is a chance you may not be able to enroll.

Newborn Medical Claims Management (\$500-\$1700 + cost of newborn care): This option is available to all international Intended Parents, and is a supplement for Intended Parents who were unable to get newborn health insurance through another source.

Surrogacy Specific 3rd Party Plans; Lloyd's of London (\$30,000+): This plan offers comprehensive health care for the newborn.

Private Coverage Options; SurroPlans (\$4,000-\$50,000): SurroPlans offers customizable coverage depending on the needs of the Intended Parents. International parents from all countries may apply.

Cash Pay (\$5k-unlimited): This is the riskiest of all options.

Newborn Insurance Options for International Families 2023/2024

Please Note:

- Review your options for newborn coverage at the time of matching or sooner- several options require enrollment before transfer.
- Heart to Hands does not facilitate newborn health coverage in any way.
- Intended Parents are solely responsible for their child's medical care and the associated costs for the care.

	Great Morning - Singleton	Great Morning - Multiples	Lloyd's of London	Newborn Claims Management	SurroPlans
Available through	ArtRisk, IFI	ArtRisk, IFI	ArtRisk, IFI	ArtRisk, IFI	Surroplans
Covers Singleton Pregnancy	YES	n/a	YES	YES	YES
Covers Twin Pregnancy	n/a	YES	NO	YES	YES
Price Range	SINGLETON: \$9K-\$22K	TWINS: \$40K+	SINGLETON: \$30K	\$500 - \$1700 + Newborn Care at negotiated rates	begins at \$4k
Coverage	\$156k-\$1.5m illion	\$156,250/per child	\$100k, \$250k, \$500k	actual cost	up to \$1,500,000
Well Child or Complications	Complications, +limited Well Child	Complications, +limited Well Child	both	both	both
Direct Pay or Reimbursement	Reimbursement	Reimbursement	Direct Billing	Direct Billing	Direct Billing
Underwritten?	Yes, on Surrogate + IPs	Yes, on Surrogate + IPs	Yes, on Surrogate	No	No
Placement Time Frame	12-32 weeks gestation	12-32 weeks gestation	12th week gestation	Up to 15 days post birth	When matched with surrogate

Newborn Insurance Options for International Families 2023/2024

	Great Morning - Singleton	Great Morning - Multiples	Lloyd's of London	Newborn Claims Management	SurroPlans
Pros:	<ul style="list-style-type: none"> -\$0 deductible/\$0 coinsurance options -low cost options available -application after pregnancy is established -offers corona virus coverage, -direct billing available for \$ 	<ul style="list-style-type: none"> -\$0 deductible/\$0 coinsurance options -low cost options available -application after pregnancy is established -offers corona virus coverage -covers multiples -direct billing available for \$ 	<ul style="list-style-type: none"> -longest running established option -good option of both IPs are infectious disease + or unhealthy 	<ul style="list-style-type: none"> -can enroll after birth -company handles all billing & payments -save \$\$ by negotiating cash pay rates 	<ul style="list-style-type: none"> -covers all non-US Intended Parents -can upgrade to a twin plan if embryo splits -includes tax support-more options specific to IP situation
Cons:	<ul style="list-style-type: none"> -complicated underwriting process -insurance could be denied based on underwriting-not an option if both parents are considered unhealthy 	<ul style="list-style-type: none"> -complicated underwriting process -insurance could be denied based on underwriting -not an option if both parents are considered unhealthy 	<ul style="list-style-type: none"> -expensive -no twins coverage -no Corona Virus coverage 	<ul style="list-style-type: none"> -is not health insurance 	<ul style="list-style-type: none"> -more expensive than other options -not as well known as other options
Notes:	Great Morning has declined coverage based on non-US based medical standards	Great Morning has declined coverage based on non-US based medical standards		It may be smart to use this in addition to other services	

International Fertility Insurance (IFI)
www.internationalfertilityinsurance.com/
 Phone: 1-949-446-6956
 Email: info@internationalfertility.com

ArtRisk Insurance Solutions
www.artrisksolutions.com
 Phone: 1-661-257-6242
 Email: info@artrisksolutions.com

SurroPlans
www.surroplans.com
 Phone: 1-206-207-8776
 Email: info@surroplans.com





Exceptional

FAQS



QUESTIONS PEOPLE ASK US... PEOPLE JUST LIKE YOU!

*How long have you
been in business?*

HtH Surrogacy was founded in October 2011.

*What qualifications do you have to
run a surrogacy agency?*

HtH Surrogacy brings an incredible list of qualifications to the table. Our director is a retired midwife, past surrogate, former legal assistant in a surrogacy law firm, and is an active member of many professional organizations. She has over 20 years experience with surrogacy. She also is a sought after speaker and educator on surrogacy topics. All of our employees are intimately experienced with surrogacy or have been surrogates themselves!



How many clients do you help a year?

HtH Surrogacy serves about 60 clients a year. We always know who you are when you call. We remember your details and needs. We are available to you.

Who are HtH Surrogacy's clients?

About half of our clients are from the United States and the other half are from Europe. Approximately half of our intended parents are same sex and the other half heterosexual. We work with HIV+ families, single intended parents, intended parents with unique circumstances, and families who choose surrogacy for a variety of social and medical reasons. Regardless of who our clients are, it is a pleasure to support you in growing your family.

How many employees work at HtH Surrogacy?

HtH Surrogacy has 13 employees.

What is the current match time?

Our average match time is 1-3 months.

Do you screen surrogates medically and psychologically before matching them with clients?

Yes! All of our surrogates go through a thorough agency screening process that includes medical records collection and review, a psychological consultation and evaluation, and a perinatologist evaluation—all before we ever show you a surrogate's profile.

Are the prices you quote as estimates what your clients actually pay?

It's impossible to give a firm cost of a surrogacy journey, since there are so many different people involved. Our agency fee is straightforward, and all other expenses are clearly laid out. In general, you can expect a surrogacy journey to cost \$187,000 - \$200,000 for the entire surrogacy process. Please ask to see a sample budget!

Have you been sued by clients or surrogates, or involved in any other surrogacy related legal disputes? Have you ever had parentage judgments or adoptions denied or delayed?

No.

Who do you use for funds management and holding?

HTH includes the cost of escrow services through SeedTrust as part of your agency fee.

If requested, we will provide you with a list of reputable, third-party, independent, insured, bonded and legal escrow services so that you can interview and choose the service you are most comfortable with.

Can we use our own attorney, doctor, funds holder, etc?

We love working with new providers and welcome any provider you have a relationship with so long as they have experience with surrogacy. We also have a large established network of third party professionals that we can recommend to you.

What happens if our surrogate is disqualified?

If you need to rematch any time before fetal heartbeat, we will rematch you at no additional agency fee charge, for as many times as it takes.

After a fetal heartbeat, if you have to start over with the same surrogate, there is no additional fee.

If you have to start over with a new surrogate after a fetal heartbeat, we credit you half of the agency fee towards your new contract with HtH Surrogacy.

What kind of relationship can we expect to have with our surrogate?

Every surrogacy relationship is unique. When we get to know you and your surrogate, we learn what type of relationship you want and match you based on those expectations.

Most people want to have a sweet and caring relationship throughout the surrogacy, and intend to stay in touch after the baby is born.

Adrienne is an anomaly in the surrogacy business; I believe she is in it because of her selflessness and commitment to the beautiful gift of surrogacy.

~ Intended Mother, J

I don't believe in guilty pleasures! I love my pleasures loud and openly and with full enjoyment and celebration. But I definitely don't need more yarn, or stationary, or pens, or sunkist fruit gems and I don't know how they keep showing up at my house.



I do love going to open houses when they are for sale!



HtH Staff Picks

Secret guilty pleasure?



Binging on crime tv with snacks.



I have such a bad sweet tooth. Sour candy, or chocolate caramel deliciousness... or ice cream!

Eating a snack right before bed!



Thai



*HtH Staff
Picks*

**Favorite
food?**

Sushi, Thai, a
perfectly
cooked farm
fresh egg



**Buffalo
Chicken**



Peanut butter
and avocado, but
maybe not
together :)

Kind
people.



Surrogates always
inspire me with their
selflessness and
dedication.

HtH Staff Picks

Who are
you most
inspired
by?



People being
fearless to live
their life to the
fullest.



My mom! She's
been through a
lot and always
keeps going!

I am inspired by our founder,
Adrienne Black, because I have seen
her grown into a leader in the
surrogacy world! What an honor to be
working with her for the cause of
ethical and heart centered family
building.



Super loud music in
my headphones and
a private dance
party!



HtH Staff Picks

Your go-
to self
care
activity?

Super soft
blankets &
gummy
candies.



Books &
coffee.



Taking time outside
either by going on a
walk or sitting on my
back deck; reading a
book; knitting.

Helping people
reframe their
family's creation
stories.
And my staff.



Baby pictures!

*HtH Staff
Picks*

Best part
about
working
at HtH?



The people
we work
with.



The people, & the
encouragement
to put yourself in
what you do.

The heart centered way
that we operate and take
care of all of our IP's and
surrogates.



The people. I love each and every one of my co workers dearly. So thankful I get to be a part of such an incredible team, while also helping build families.



HtH Staff Picks **Best part about working at HtH?**

Each and every person from co-workers to Surrogates to IPs.



Meeting all the surrogates! I love educating & supporting them through intake. I strive to be a person of trust and guidance in every way that is needed.

Being able to help the entire surrogacy community, not only HtH clients.



OUR PARTNERS





Client Love



Intended Fathers Simon and Nicolas-making embryos and matched with a California Surrogate

We are Nicolas and Simon from France. We got in touch with Heart to Hands when we decided to become dads in July 2018. 10 days after signing the agreement, we were matched with our dear surrogate Kristi, from Sacramento. Now we have embryos growing at our clinic and we are looking at a transfer in early March. Thanks to Adrienne and her great team, our baby will likely be with us by next Christmas ! Heart to Hands is the best agency for us, as they are heart-based, genuine and caring.

Victor & Miha, Dads through Surrogacy

We, Victor and Miha, have been together for 12 year before we became dads. And honestly until a year before becoming parents, thinking of having our own children it seemed just like a science fiction or a long distant dream.

And then one day when we heard of surrogacy this dream started to be not that distant anymore.

After an exhaustive investigation we got in touch with Adrienne form Heart to Hands and we immediately felt that her experience and human warmth would be very important contribution in our dream to become true. We felt something special with her and with Oregon.

From here on everything went so smoothly, that we could not have imagined even in the best case scenario. The fertility Clinic was great, we were so lucky with the donor and most important we had a wonderful surrogate. She carried two babies and after less than 9 months she helped us to live the most beautiful experience ever in our lives and we became two happy dads with two most beautiful children. Helping us to create a family is something we will be grateful forever to surrogate and everyone involved in our surrogacy journey.

It's been a blessing.





Britt, Experienced Surrogate for International Dads - TWICE!

I always wanted to be a surrogate for someone to make their lives a little more fulfilled. When I found Hearts and Hands locally I wasn't sure of how well it was going to work. But, my experience proved to be a lot different and I experienced exceptional care with Adrienne, and her company. If I had a concern, I could freely admit that and everything worked out. I felt I was heard and appreciated which made all the difference in the world. My surrogacy experience blossomed a new life for myself and my family. The intended parents were a perfect match for me, and I couldn't of gotten luckier to birth their little boy. They send me pictures almost everyday, that makes me feel special. I love them for who they are, and I can't wait to help them again when they are ready for a new family member.



Michael & Markus, International Dads through Surrogacy - TWICE!

These pics seem to be from ages ago, they are still gorgeous but so much bigger! Our daughter just grows her second tooth, crawls and sits, and as soon as you enter the room she approaches you and pulls herself up your leg, giggling and laughing loudly. It's just so much fun! We have a hard time believing this should be the last time we experience this....

Our son is a real big boy now since he is in Kindergarten. He has a best friend, a girl his age living across the road. They are together all the time if it's possible, screaming and laughing and talking all the time. In Kindergarten they already got a deadline for their breakfast as they'd spend the whole morning eating and chatting instead of playing. Sooo funny!



Brent & Michael, Dads through Surrogacy

I wanted to share my experience with you. As a male couple, we struggled for two years to find an appropriate Jewish egg donor, and then worked with a California Fertility clinic to fertilize the eggs and preserve them. The multitude of little steps involved in getting from eggs to fertilized embryos and then finding a surrogate to carry our baby was far beyond anything we could have imagined! It was depressing and overwhelming to face this number of challenges. Having the help of Heart to Hands Surrogacy made what seemed like an impossible undertaking, pleasant, fluid, comfortable and one of the best experiences of our lives! Adrienne walked us through every step, was able to get involved exactly where she knew she was needed and made a crucial impact right where they were so often needed. She facilitated getting us in touch with an outstanding attorney, getting an escrow company, making sure all of the paperwork was done correctly by the Fertility Clinic and we really felt like we had an advocate in her. Someone who was on OUR side, in a loving, natural and completely comfortable and nonjudgmental way. It felt like part of our family, working with her, in a VERY personal, delicate and, at times, overwhelming undertaking that was so very important. I would never put my family in the hands of anyone else. Thank you for making our family dream come true. Thank you for being there, right when we needed you, thank you for what you do and who you are.....from the depths of my heart.....Thank you!



Intended Mother Kim, through Gestational Surrogacy

Sometimes when you least expect it you cross paths with people that will that end up making a big difference in your life. Adrienne from Heart to Hands Surrogacy is one of those people. During a time when I was feeling lost, confused, and stuck on how to proceed with surrogacy she gave me hope, held my hand (figuratively), and nudged me in the right direction. When I first contacted Adrienne I was trying to move forward with my dream without any professional help. I had researched the costs and the necessary actions required but I was overwhelmed with the information. I reached out to several surrogacy agencies asking for help that would fit into my non-existent budget. Everyone turned down helping me. Many agencies want \$25,000+ for their services (on top of the other expenses!). My last attempt was to Heart to Hands Surrogacy and to my surprise Adrienne returned my email and wanted to talk. We set up a phone appointment and she explained everything to me. She gave me a better understanding of my budget and the process. She helped me see that making my dream come true was a possibility. I hung up with her full of hope and optimism.

Her help gave me the confidence and support I needed to make my baby dreams a reality. And she did it all without charging me the astronomical surrogacy fees. Adrienne is an anomaly in the surrogacy business; I believe she is in it because of her selflessness and commitment to the beautiful gift of surrogacy (having been a surrogate herself) and not just for the money. She wants to help people like me feel the love and joy of parenthood and provide supporting services for the amazing surrogates like "B".

I can't thank Adrienne enough for her generous spirit, her professional assistance, her encouragement and for helping me make my dream come true. I am so lucky to have found Adrienne, Heart to Hands Surrogacy!

Matt & Dagan, Dads through Surrogacy

We began our surrogacy journey with a lot of trepidation and anxiety about what a daunting process it all was. Adrienne was our rock through all of it. She struck the perfect balance between providing her expertise but also letting us shape our own journey. She kept us organized and informed but didn't overwhelm us with too much information at a time. She was supportive and compassionate as we dealt with the ups and downs of our journey. And most importantly, she was our advocate.

There are a crazy number of moving parts in a surrogacy journey, and a lot of different bureaucracies to deal with, from insurance companies to testing laboratories to hospitals to IVF clinics, and more. Getting through them all requires not just an expert, but a tireless advocate with your best interests at heart.

At the end of it all, we ended up with our beautiful baby girl and a wonderful and lasting friendship with the surrogate we were matched with.

We are so, SO grateful!





Emily, 1st Time Surrogate pregnant for US IPs

I began researching surrogacy a couple years before researching agencies to guide me. When I came across the Heart to Hands website, I knew the journey would be an important life choice and I assumed that most agencies would be capable of handling the basic surrogacy protocol. But that's where my assumptions topped out and after meeting Adrienne, it was clear that I had underestimated how important the perfect match would be on this surrogacy adventure.

I owe the wonderful new friendship I've gained to the value they place on helping surrogates find their perfect intended parent(s). I also feel blessed to have them in my corner for all questions and potential hurdles that come up in the whole process. Trisha makes me feel like I am never alone, contrarily, I feel like I have experienced friends that I can turn to whenever I need them. The surrogacy world is lucky to have Heart to Hands and I'm lucky to have found them!



Thanks everyone! We can't say
enough wonderful things
about all of you and the
wonderful work you've done to
change our lives forever! We
are eternally in your debt and
thank you from the bottom of
our hearts!

*~ Forever grateful,
Intended Fathers, M&D*





Important Contacts

Fertility Clinic

Name

Phone

Email

Address

Website

Surrogate

Name

Phone

Email

Address

Website

IP Attorney

Name

Phone

Email

Address

Website

CC Attorney

Name

Phone

Email

Address

Website

Insurance Agency

Name

Phone

Email

Address

Website

Donor Agency

Name

Phone

Email

Address

Website

Escrow Agent

Name

Phone

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Mental Health Professional

Name

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Our daughter has turned on
the growth, biggest in her
class and moving like the
wind, we still can't put into
words what you've done for
us to make our lives just so
much better. Thank you!

~Intended Parents N&S

Notes

Date: _____

[illegible]

Notes

Date: _____

[illegible]

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Date: _____

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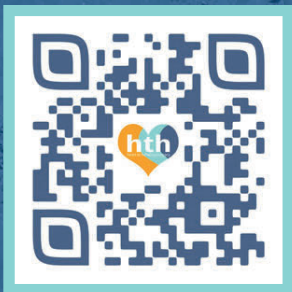
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**“Listen to the MUSTN’TS, child,
Listen to the DON’TS
Listen to the SHOULDN’TS
The IMPOSSIBLES, the
WON’TS.
Listen to the NEVER HAVES
Then listen close to me—
Anything can happen, child,
ANYTHING can be.”**

*—Shel Silverstein, Where
the Sidewalk Ends*



hth

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